

## COVID-19 GUIDELINES

*The Dance Conservatory* experience will be different this season. **TDC** has been working diligently to be sure we maintain our dancers' health and safety as we cautiously return to the studio. It is important that you review these guidelines and continue to monitor your email for any necessary reminders/updates.

### Physical Distancing:

- **TDC** has marked off both large dance studios in 7ft x 7ft blocks and all faculty have been given guidelines regarding classes and choreography to ensure we maintain ample distance between dancers.
- **TDC** has marked off the hallway to ensure dancers maintain 7ft of distance while waiting for bathrooms and before entering classes. We will make every attempt to keep a one-way traffic flow when possible.
- **TDC** has capped our class enrollment to 8 dancers to ensure ample space in our studio.
- **DANCERS** should be aware of surroundings at all times — this is an excellent time for us to reinforce our spatial awareness.
- **DANCERS** should exhibit caution during all breaks and be sure they're following all distance markings on the floor.
- **DANCERS** should listen to all faculty and staff and follow explicit instructions to ensure their safety at ALL TIMES.
- **NOTE:** No visitors will be permitted inside the studio facility at any time.

### Protective Equipment:

- **TDC** faculty and staff will be wearing a face covering any time we are interacting with dancers.
- **TDC** will provide hooks for storing dancers' face coverings during class.
- **DANCERS** are required to wear a face covering at the following times:
  - Upon arrival to our facility
  - Passing through hallways at any time
  - Walking into or out of a studio
  - When leaving the facility
- **NOTE:** Dancers are not required to wear a face covering while participating in dance class. Dancers may, however, choose to wear a face covering during class, if preferred. If dancer intends on wearing a face covering during class, please be sure to have at least 2 face coverings with you in case one becomes ineffective due to sweat.

### Hygiene/Cleaning:

- **TDC** has implemented cleaning procedures that meet the CDC & DOH standards, including daily disinfection of floors and routine cleaning of shared & frequently touched surfaces (mask hooks, ballet barres, door handles, etc).
- **TDC** has set up multiple hand sanitizing stations throughout the facility for our faculty, staff, and dancers.
- **TDC** has been equipped with fans so that we may open the front doors, as feasible, to increase natural air flow.
- **DANCERS** are required to hand sanitize and/or wash hands at the following times:
  - Upon arrival to our facility
  - Between all classes
  - Before entering a restroom
  - After using a restroom
  - Before entering a studio
  - When leaving the facility

### Screening:

- **TDC** has implemented daily screening protocols for faculty and staff that include daily temperature checks, daily questionnaires, and increased guidance to remain at home if they are sick.
- **DANCERS** should NOT attend class if any of the following are true:
  - Dancer has exhibited COVID-19 symptoms in the past 14 days
  - Dancer has tested positive for COVID-19 symptoms in the past 14 days
  - Dancer has had close proximity or contact with someone who has confirmed or suspected COVID-19 case in the past 14 days
  - Dancer has traveled to any state requiring a mandatory quarantine according to NYS guidelines within the past 14 days
- **DANCERS** will be temperature checked upon arrival to the studio and their name will be logged for contact tracing. We will not store temperature information in this log.
- **DANCERS** should notify The Dance Conservatory if they or an immediate member of their household has tested positive for or exhibited symptoms of COVID-19.
- **NOTE:** If, at any time, a faculty member, staff member, or dancer tests positive for COVID-19, we will temporarily **shut down** our facility for a minimum of 48 hours to complete extensive cleaning. We will make every attempt to reschedule missed days.

### Other:

- **DANCERS** should be dropped off and picked up outside the studio. In order to reduce the risk of exposure, **NO PARENTS/GUARDIANS WILL BE ALLOWED IN THE STUDIO** unless there is an emergency situation.
- **DANCERS** should be dressed appropriately for dance and movement, but also for appropriate temperature levels. Due to opening the doors for air flow, it may become warmer and more humid than usual or colder than usual as we venture into fall/winter. We will make every attempt to keep dancers comfortable.
- **DANCERS** are encouraged to bring a minimal amount of belongings with them when possible. While we normally encourage dancers to arrive early to be properly warmed up, we would prefer students to arrive within 5 minutes of their classes to eliminate unnecessary congregation in the hallways.
- **TDC** will not be supplying yoga mats, blocks, etc. For Conditioning classes, we will supply sanitized stability balls and will sanitize them after class, as well. If you prefer to bring your own, you may do so. Each dancer will receive their own theraband if necessary. Replacement therabands will be billed to your account at \$15 each.
- **If your dancer is sick, please stay home!**

If you have any questions or concerns, please contact Justin at 914-734-5326.

Compliance with these guidelines is essential to maintain a healthy and safe environment for our dancers, our faculty, and our staff. Your commitment is appreciated.

Looking forward to having our dancers back in the studio!

Justin.

Note: Guidelines are subject to change. You are responsible for checking correspondence if/when updates are sent.