

## COVID-19 GUIDELINES

*The Dance Conservatory* experience will be different this summer. **TDC** has been working diligently to be sure we maintain our dancers' health and safety as we cautiously return to the studio. It is important that you review these guidelines and continue to monitor your email for any necessary reminders/updates.

### Physical Distancing:

- **TDC** has marked off the main dance studio in 7ft x 7ft blocks and all faculty have been given guidelines regarding classes and choreography to ensure we maintain ample distance between dancers.
- **TDC** has marked off the hallway to ensure dancers maintain 7ft of distance while waiting for bathrooms and will be using arrows to ensure one-way traffic flow.
- **TDC** has marked off specific spots for all belongings (dance bags, etc.) so that dancers are not within 6ft of each other before/after class(es).
- **TDC** has capped our class enrollment to 8 dancers to ensure ample space in our studio.
- **DANCERS** should be aware of surroundings at all times — this is an excellent time for us to reinforce our spatial awareness.
- **DANCERS** should exhibit caution during all breaks and be sure they're following all distance markings on the floor.
- **DANCERS** should listen to all faculty and staff and follow explicit instructions to ensure their safety at ALL TIMES.
- **NOTE:** No visitors will be permitted inside the studio facility at any time.

### Protective Equipment:

- **TDC** faculty and staff will be wearing a face covering any time we are interacting with dancers.
- **TDC** will provide bags for storing dancers' face coverings during class.
- **DANCERS** are required to wear a face covering at the following times:
  - Upon arrival to our facility
  - Passing through hallways at any time
  - Walking into or out of a studio
  - When leaving the facility
- **NOTE:** Dancers are not required to wear a face covering while participating in dance class. Dancers may, however, choose to wear a face covering during class, if preferred. If dancer intends on wearing a face covering during class, please be sure to have at least 2 face coverings with you in case one becomes ineffective due to sweat.

### Hygiene/Cleaning:

- **TDC** has implemented cleaning procedures that meet the CDC & DOH standards, including daily disinfection of floors and routine cleaning of shared & frequently touched surfaces (ballet barres, door handles, etc).
- **TDC** has set up multiple hand sanitizing stations throughout the facility for our faculty, staff, and dancers.
- **TDC** has been equipped with fans so that we may open the front doors, as feasible, to increase natural air flow.
- **DANCERS** are required to hand sanitize and/or wash hands at the following times:
  - Upon arrival to our facility
  - Between all classes
  - Before entering a restroom
  - After using a restroom
  - Before entering a studio
  - Before and after eating
  - When leaving the facility

### Screening:

- **TDC** has implemented daily screening protocols for faculty and staff that include daily temperature checks, daily questionnaires, and increased guidance to remain at home if they are sick.
- **DANCERS** are encouraged to submit a daily questionnaire via [Google Forms](#). This form **should be completed** before arrival to the facility, but no more than 2 hours prior to arrival.
- **DANCERS** are encouraged to be a part of our visitor log for contact tracing. If you wish to have your contact information included, please notify a staff member while at our facility.
- **DANCERS** are encouraged to notify The Dance Conservatory if a dancer or an immediate member of their household has tested positive for or exhibited symptoms of COVID-19.
- **NOTE:** If, at any time, a faculty member, staff member, or dancer tests positive for COVID-19, we will **shut down** our facility for a minimum of 48 hours. We will make every attempt to reschedule missed days and/or refund lost time.

### Other:

- **DANCERS** should be dressed appropriately for dance and movement, but also for levels of heat. Due to opening the doors for air flow, it may become warmer and more humid than usual. We will make every attempt to keep dancers comfortable and supply additional breaks to combat heat exhaustion.
- **TDC** will not be supplying yoga mats, blocks, etc. For Stability Ball Conditioning classes, we will supply sanitized stability balls and will sanitize them after class, as well. If you prefer to bring your own, you may do so.
- If your dancer is sick, please stay home!

If you have any questions or concerns, please contact Justin at 914-734-5326.

Compliance with these guidelines is essential to maintain a healthy and safe environment for our dancers, our faculty, and our staff. Your commitment is appreciated.

Looking forward to having our dancers back in the studio!

Justin.